

## Retch Reflex / Gagging Reflex Severity & Prevention Index

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Duration: \_\_\_\_\_

Onset: \_\_\_\_\_

Aetiology: Psychogenic  Somatic  Mixed

Triggers: \_\_\_\_\_

Strategies that have helped: \_\_\_\_\_

\_\_\_\_\_

Past methods of coping: \_\_\_\_\_

Methods of control tried in the past:

Relaxation  Distraction  Desensitisation  Hypnosis  Acupuncture

Oral Sedation  RA  IV Sedation  GA  Others  \_\_\_\_\_

Examination Possible: Yes  No

Trigger areas identified on examination: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Gag Severity Index: I  II  III  IV  V

Method of control decided on: \_\_\_\_\_

\_\_\_\_\_

Gagging Prevention Index: I  II  III  IV  V

Outcome: \_\_\_\_\_

Patient Satisfaction: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Source: A Review of Gagging Problems in Dentistry: 2. Clinical Assessment and Management C.M. Dickinson and J. Fiske Dent Update 2005; 32: 74-80